

Breakdown of Male & Female Daily Responsibilities in Tea Farming Communities (Kenya)



- Wake up
- Prayers
- Prepare breakfast
- Feed children
- Prepare them for school

- Wake up
- Check on livestock
- Eat breakfast



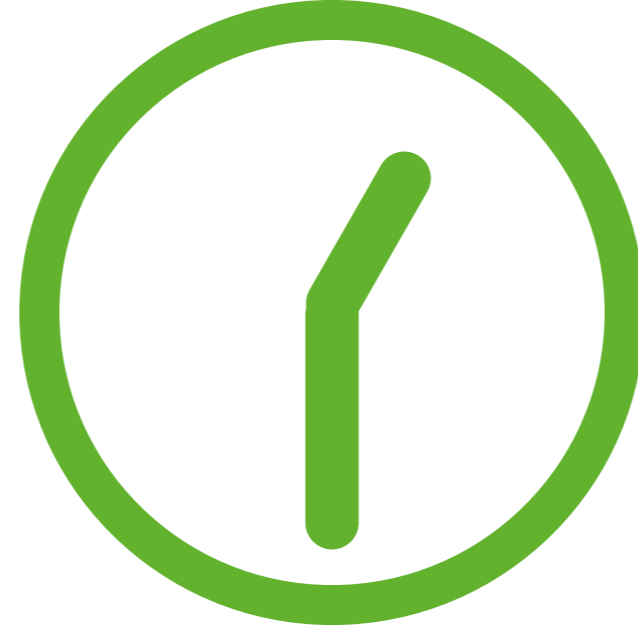
- Prepare husband for day
- Make bed
- Wash cloths
- Clean house
- Wash dishes
- Let chickens out
- Take livestock out to graze

- Cultivation/harvesting
- Pluck tea



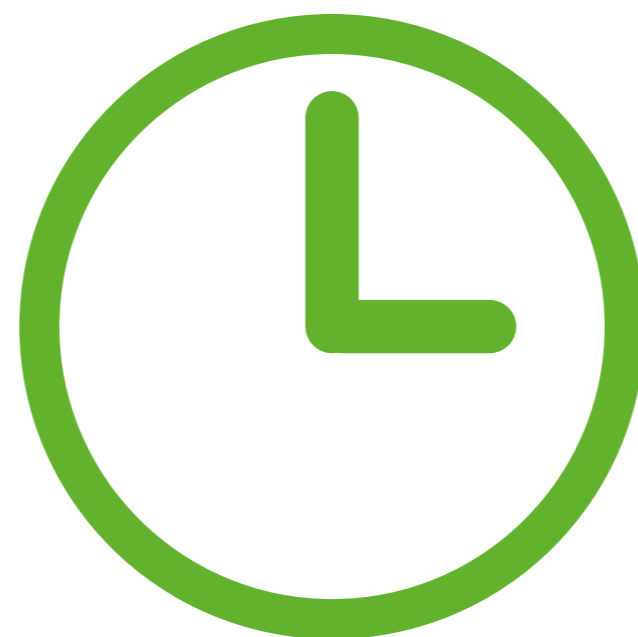
- Cultivation/harvesting
- Pluck tea
- Prepare lunch

- Go to lunch
- Lunch break
- Take tea to buying centre



- Lunch break
- Water livestock
- Serve lunch to husband & self
- Wash dishes
- Clean kitchen
- Take tea to buying centre

- Return home from field
- Take bath
- Listen to news



- Buy/pick vegetables & food items for dinner
- Bring in Livestock
- Milking
- Make snacks for kids
- Wash children and their school uniforms
- Help children with homework
- Prepare dinner & feed children

- Socialise with friends & village mates (e.g. drinks, watch soccer, play bao, discuss politics)
- Carry out a security check
- Supper with family
- Watch/listen to news
- Plan following day's work



- Make sure uniforms are ready for next day
- Serve husband dinner
- Wash dishes
- Shower

- Retire to bed
- Marital/conjugal duties
- Sleep



- Retire to bed
- Marital/conjugal duties
- Sleep